



Make a sweet Rudolph pillow or wall hanging - or combine him with other Christmas blocks to make a whole quilt! Happy quilting!

Best.

Wendi



INSTRUCTIONS

Throughout the pattern you'll see some phrases in the instructions in <u>purple</u>. That means they link to free online video tutorials showing you exactly how to do that step of the project. If you're viewing this on your computer or tablet, just click the link.

I update the website far more often than I can update every pattern. There are two places you can go as a gateway to all the most up-to-date tutorials I have:

- 🖔 Quilt As You Go Everything You Need to Know
- Everything You Need to Know About How to Appliqué

If you just took your first sewing machine out of the box, you might want a little extra help. You can find lots of very beginner tutorials at Shiny Happy World. The ones you might find most helpful for this project are. . .

- 🏅 How to sew a straight line and turn corners
- How to sew curves (with tips for handling tight curves)
- How to use rotary cutting tools

Eyes

I used fusible adhesive for all the eyes. I'm not going to lie – cutting out and stitching down such small shapes isn't always fun. But you have options! You can use Heat & Bond Ultrahold (stiff, but doesn't need stitching). You can choose to embroider the eyes using <u>satin stitch</u>. You can also cut the eyes out of felt and <u>whipstitch them in place</u>. You can even draw on the eyes with a fabric marker – just test first to make sure it doesn't bleed. Choose the option that works best for you!

Fabric

You'll want to use 100% cotton, woven (non-stretchy) fabrics for the front of your quilt. Stretchy, synthetic <u>Cuddle Fleece</u> will work great for the quilt back, but the fabrics used on the front must be able to be ironed.

Other Supplies

I use Warm & Natural 100% cotton batting for all my quilts and I highly recommend it. If you're doing Quilt As You Go, you MUST use 100% cotton batting.

Depending on the appliqué technique you choose, you may need other supplies. Those supplies are detailed on page 4 where I talk about the different techniques.



FABRIC REQUIREMENTS

It doesn't take much fabric to make a single block. You'll need an 11" square for the background and scraps of fabric for the reindeer.

If you're making a bunch of blocks, estimate getting four reindeer out of each fat quarter.

I used the following <u>Timeless Treasures</u> fabrics for this block. . .

- Pop in Poppy for the background block
- Sketch in Latte for the head and shoulders
- Sketch in Coffee for the antlers
- Sketch in Linen for the face
- Sketch in Ruby for his shiny nose :-)

Want to give him a truly shiny nose?

Use <u>this tutorial to make the nose out of satin</u>, and <u>this one to make it out of shiny tissue</u> lamé.

Ready for cutting? If you need an intro to rotary cutting, here's a video for you.

You did already wash and iron your fabric, right? Definitely do that first! And don't use fabric softener if you're using fusible adhesives. Some of them resist the adhesive.



APPLIQUE TECHNIQUES

Needle Turn Appliqué

It's the slowest applique technique, but beautiful and portable so this is a great choice if you like to carry hand work around with you. Watch how to do it in this video.

For needle turn you'll be tracing each pattern piece onto the right side of your fabric. You'll need an erasable pen. Use the regular orientation pattern on page 10.

Appliqué with Fusible Adhesive

This is the technique that I used for the sample you see on the cover. I love it!

It's the easiest and fastest applique technique. Watch this video to learn how to applique with fusible adhesive.

I LOVE using <u>printable Fusible Adhesive</u> so I can skip the tedious tracing step. I use Heat & Bond Lite for all my quilts. You can buy it by the yard at just about any fabric store. Use the reversed and exploded pattern on page 11. It's been optimized for use with fusible adhesive.

Machine Appliqué

For this technique you'll use freezer paper. You can use regular freezer paper from the grocery store or <u>Printable Freezer Paper Sheets</u> if you want to skip the tracing.

Watch these videos for instructions in the freezer paper technique. Use the reversed and exploded pattern on page 11.

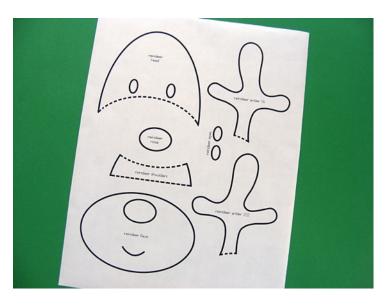
I used Applique with Fusible Adhesive for this project, so the instructions will show that technique in more detail.



STEP 1

Cut a piece of background fabric and a piece of batting each 11" square. You'll trim it down to 10 1/2" square later, so it doesn't have to be exact.

If you're using Quilt As You Go, quilt your block now. The quilting wouldn't really show up on the busy fabric I chose, so I just quilted a simple grid and show it here from the back (batting) side.



STEP 2

Trace or print the pattern onto the paper side of the fusible adhesive. I use this printable fusible adhesive so I just print out the page. No tracing!

The image has already been reversed, so just trace or print.



STEP 3

Rough cut around each shape. Leave a little bit extra all the way around - a little extra extra (at least 1/4 inch) where there's a dotted line. That's the allowance that will tuck under other bits or into the seam allowance for a nice clean finish.

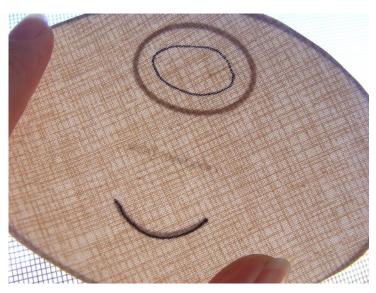
Follow the package instructions and fuse each piece to the wrong side of the fabric.



STEP 4

Cut out each piece neatly. Cut directly on the solid lines. Leave a little seam allowance past the dotted lines (like at the base of the antlers and the top and bottom of the shoulders).

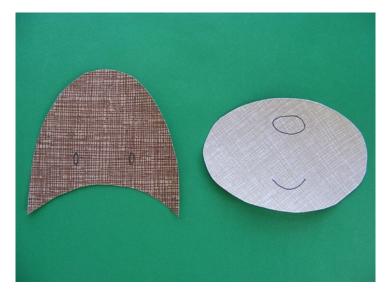
Cutting after you fuse ensures that the adhesive goes right up to the very edge.



STEP 5

Trace any features onto the face. If you hold the piece up to a window, the light will make the lines very visible - even on dark fabric.

I mark directly on any lines to be sewn (like the mouth) and inside the bits marking the appliqué position (like the eyes and nose).



LOOK CLOSER!

Here you can see the eyes, nose and mouth marked.

I just use a fine Sharpie, but you can use something erasable if you're worried about being able to stitch right over that line for the mouth.



STEP 6

Peel off the paper backing, arrange the pieces, and fuse in place according to the adhesive product instructions.

Remember - dotted line edges tuck behind other bits. The bottom edge of the shoulders should be lined up with the bottom edge of the block.

If you're using Quilt As You Go, press your already-quilted block before adding the appliqué.



STEP 7

Stitch all the edges down. You can use any stitch you like, in matching or contrasting thread. I really love the cartoony look of a simple straight stitch with black thread. I demonstrate sewing with different thread weights here. This post will help you with the order in which to stitch.



STEP 8

Trim your block to 10 1/2" square.

Finished!

Use your block in a fabulous holiday creation!



PLAY WITH IT!

Here are just a few tutorials you can play with. . .

How to Turn Any Quilt Block into a Pillow

Baby Bib

Christmas Stocking

Receiving Blanket

See all the free patterns here.

And, of course, you can make a quilt! Make all reindeer blocks (only one with a red nose, of course) or combine it with other free Christmas appliqué patterns like these **Santa** and **Snowman** blocks.



BRAG A LITTLE!

Or a lot. :-) Pat yourself on the back! Call everyone you know! Take photos and share them with the world! Definitely share your photos with the awesome folks in the **Shiny Happy People** group on Facebook. :-) Tag me on Instagram with **@wendigratz** or use the hashtag **#shinyhappyworld**. I hope you had fun!

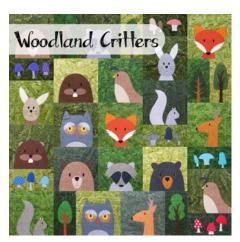


If you liked making Rudolph, take a look at these other appliqué patterns. The style and construction method is almost exactly the same as Rudolph, so you should find them really easy and fun to make!



Parliament of Owls

Get the pattern <u>here.</u>



Woodland Critters

Get the pattern <u>here.</u>



Safari

Get the pattern here.

Find lots more lessons, tutorials, free patterns, and a place to sign up for my newsletter <u>here</u>.





